



Breakfast Is Served ...In the Classroom!

In the 2006-07 school year, three towns participated in an In-Classroom School Breakfast Pilot grant; New Britain, Stratford and Bridgeport. School food service directors chose schools up to the challenge of bringing breakfast in the classroom. The recipient schools, North End Elementary School of New Britain, Second Hill Lane School of Stratford, and Beardsley Elementary School of Bridgeport, all experienced a tremendous increase in the number of students eating breakfast in school (see chart). The In-Classroom Breakfast concept brought initial hesitation and obstacles ranging from scheduling conflicts to trash removal. The optimistic food service directors and principals addressed and resolved the issues as breakfast evolved into part of daily classroom routines. Due to its overwhelming success, all three food service directors are developing or implementing plans to expand breakfast to other schools within their districts. Information observed through data and dialogue demonstrates that there are specific and significant benefits to operating an In-Classroom School Breakfast Program.

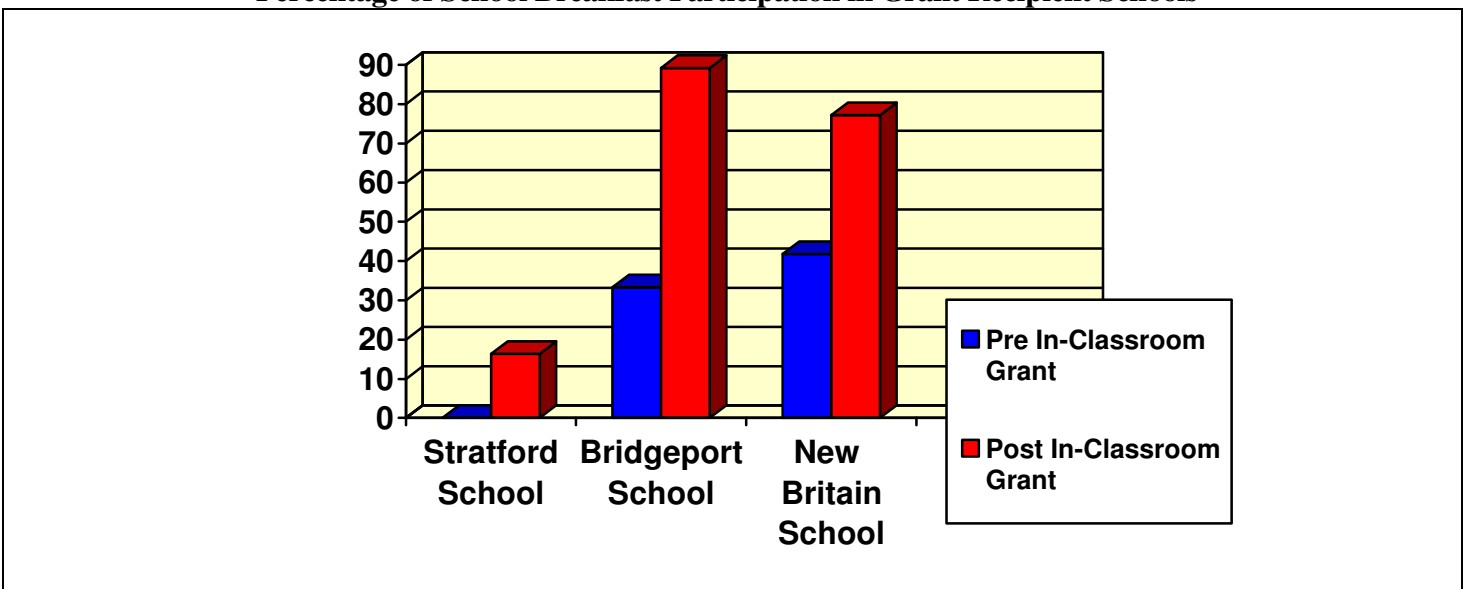
Significant Findings of Pilot In-Classroom Breakfast Program Schools

- ✓ **Participation in School Breakfast increased over 33% in each school**
- ✓ **Meal distribution methods varied from brown bag pick-up to classroom drop-off**
- ✓ **Minimal additional labor was needed for operation if there was a preexisting breakfast program in place**
- ✓ **Hot and cold breakfast was served in the classroom**
- ✓ **Principals have observed reduced tardiness rates**
- ✓ **Teacher made minimal adjustments to their daily schedules for the reception**
- ✓ **Issues surrounding waste and spillage were addressed with minimal resources, leaving few unmanageable issues**
- ✓ **Successful models were observed in urban and suburban settings**

Comment heard most often by teachers...

“The transition wasn’t as bad as we thought it would be”

Percentage of School Breakfast Participation in Grant Recipient Schools



For more information on the School Breakfast Program, please contact Dawn Crayco at (860) 560-2100 ext. 14.